

meet the pros

expert advice

These organizing professionals offer tips throughout the issue.

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Deborah J. Cabral



Certified Professional Organizer and Productivity and Efficiency Coach Deborah J. Cabral launched her company, The DeClutter Coach, in 2010. Growing demand has led to the creation of DC Efficiency Consulting, Organization Motivation!, and Organized in 60 Seconds—all subsidiary companies under Cabral Enterprises, LLC, a certified women-owned business enterprise. As a member of the National Association of Professional Organizers and the Institute for Challenging Disorganization, Cabral lends her knowledge of professional productivity, efficiency, time management, and organization to residential and corporate clients through one-on-one consultations, community workshops, corporate training programs, a weekly television show and news segment, a monthly column, magazine

articles, and TV and radio interviews. Cabral is a wife, mother of three, and community volunteer. The recipient of the 2012 U.S. Small Business Administration's Excellence in Small Business Award and the 2013 Key4Women Achieve Award, Cabral also authored *Declutter Your Life Now! A Motivational Guide to Tackle the Clutter in All Aspects of Your Life*.

Deborah J. Cabral, CPO, The DeClutter Coach, New Hartford, New York; e-mail: deb@decluttercoachdeb.com; decluttercoachdeb.com.

Jennifer Ford Berry



Jennifer Ford Berry is an organizational expert, best-selling author, entrepreneur, and speaker. Her books (including *Organize Now! A Week-by-Week Guide to Simplify Your Space & Your Life; Organize Now! Your Money, Business & Career;* and *Organize Now! 12-Month Home & Activity Planner*) have sold more than

400,000 copies worldwide. Her newest title, *Organize Now! Think & Live Clutter-Free*, was released in November 2013.

Berry has been working as a professional organizer for 13 years and is the regular organizing expert on the TV show *Winging It, Buffalo Style.* She has appeared in national magazines and newspapers, as well as on radio stations across the country. She has presented to the Learning Annex, corporations, churches, mom groups, and school districts. Berry is a graduate of Florida Atlantic University in Boca Raton, Florida. She resides in Western New York where she works hands-on with clients, helping them to eliminate clutter and live their dreams.

Jennifer Ford Berry, Buffalo, New York; e-mail: organize@jenniferfordberry.com; jenniferfordberry.com.

Kathy Jenkins



As a certified professional organizer; certified family manager coach; and love and logic parenting facilitator and coach, Kathy Jenkins helps busy families simplify and come to order in every aspect of their lives. Jenkins and her team of organizers provide hands-on organizing support,

workshops, seminars, and coaching services.

Jenkins is a member of the National Association of Professional Organizers (NAPO), NAPO Golden Circle, Institute for Challenging Disorganization (ICD), and Faithful Organizers. She also serves as the leader of the NAPO Student Organizing Special Interest Group and is proud to be counted as one of the creators of the NAPO in the Schools Elementary Program. Jenkins recently achieved Level I Certificates of study in Chronic Disorganization (CD), Understanding the Needs of CD students, and ADHD. As a working mother of two school-age boys, she knows the challenges of staying organized every day. It is because of this personal perspective that she is able to relate to her clients and help them achieve the level of organization and family management they desire.

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