

# p a n t r y

## checklist

- Canned vegetables
- Pasta
- Rice
- Oil: olive, canola
- Vinegar: balsamic, red wine, white
- Stock: chicken, beef, vegetable
- Condensed soups
- Condiments: ketchup, mustard, mayo, soy sauce
- Peanut butter
- Spaghetti sauce
- Cereal
- Baking ingredients: sugar, flour, vanilla, baking power, baking soda
- Snacks for school or work lunches
- Spices: salt, pepper, cinnamon, nutmeg, paprika, chili powder, garlic powder, onion powder, oregano

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